

# Teamwork & Teamplay

Presents

## The Top Ten Teambuilding Activities

Here are 10 lightweight, low cost, absolutely wonderful activities that will positively impact your staff and campers this summer!

Handshakes (lumberjack, fisherman, O-HI-O, coffee drinker)  
Face 2 Face / Back 2 Back (questions than anyone can answer quickly)  
Funderbirds\* (kinesthetic learning, teamwork and fun)  
Change Train (change-switch-rotate) working together in teams of four.  
Raccoon Circles\* (WAMF, WYFWYB, See Ya, Pizza Toss, The Story of Your Name)  
Not Knots (building consensus, conflict resolution, failing forward)  
Blue Tarp Flip (Sunny Side Up) Teamwork and kinesthetic problem solving  
Bull Ring Candelabra\* – small groups and large ones too  
Shuffle Left/Shuffle Right (kinesthetic debriefing techniques)  
Virtual Slide Show\* (auditory/kinesthetic/visual techniques, all in one!)

### Twelve More Teambuilding Activities – If we have time!

Hieroglyphics	Matchmaking Cards*	A Little World	Lycra Tubes*
Stationary Greetings	Nose Jousting	Quotes in Order	Wah!
A Circle of Connection	The 4 Minute Team	Blind Trust Drive	Winks & Blinks

### Top Ten Teambuilding Books

You can find instructions for many of the above activities in the books mentioned below.  
You can make much of the equipment and teambuilding props (\*) for these activities yourself,  
and also find it (and other great teambuilding stuff) at [www.training-wheels.com](http://www.training-wheels.com).

*Teamwork & Teamplay* by Jim Cain and Barry Jolliff, *Silver Bullets* by Karl Rohnke, *Affordable Portables* by Chris Cavert, *A Teachable Moment* by Jim Cain, Michelle Cummings and Jennifer Stanchfield, *The Revised and Expanded Book of Raccoon Circles* by Tom Smith and Jim Cain, *Teambuilding Puzzles* by Mike Anderson, Jim Cain, Chris Cavert and Tom Heck, *The Empty Bag* by Chris Cavert and Dick Hammond, *Feeding the Zircon Gorilla* by Sam Sikes, *Activities that Teach* by Tom Jackson, *Cowtails and Cobras* by Karl Rohnke.

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