

We Squashed it!

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Big ideas:

Selective Negative Focus

This is how they learn

How you *feel* about it won't help

Let them be right about what they need to be right about

Getting what we want = knowing what to look for

What am I looking for? (good behavior)

What do I do once I have seen it?

Praise

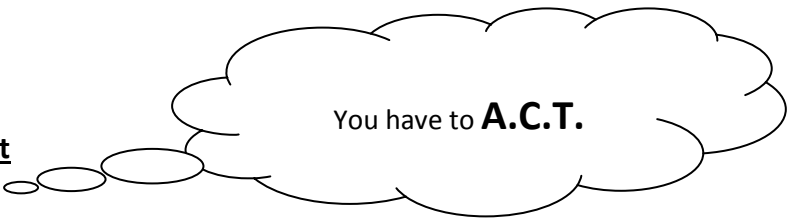
Practice

Present

Choices, Responsibility, & Replacement: The way you say it...

- Choices = power/control
- Responsibility = ownership
- Replacement = development (better choices/goals)

Problem solving & conflict management



You have to **A.C.T.**

Ask questions

Choices

Iry one out



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Ask Questions

- Intelligent fact finding – what really went down? Ask a lot of questions
 - Symptom or problem – example: yelling in front of campers
 - Remember – Just because X told you FIRST may only mean they got to you FIRST
 - What’s really going on here? Why are they having this issue? What skill set is underdeveloped?
 - Executive functioning – making thoughtful decisions
 - Language skills – labeling emotions
 - Cognitive style – realistic appraisal of situations
 - Social skills – making friends / empathy
 - Emotion regulation – appropriate expression
 - What are the needs of the other person or people? What did they want out of this?

What **Choices** do they have?

- Defining choices – what can THEY do about it?
 - Teach to the limitation described above – what couldn’t they do that they should of done?
 - What can they do to involve the other person or people?
 - How could this problem be solved together?

Try one of the choices

- Did it work?
 - If not, are there other choices that may work?
 - Go back to asking questions – maybe the problem isn’t clear



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